

Ephesians 5:1-3

1. Sex is a sacred gift created by God.

Genesis 2:21-25

Intimacy is fueled by exclusivity.

Hebrews 13:4 (MSG)

2. Following Jesus is a new way of living that influences every area of life.

John 8:1-11

Legalism chooses to focus on the broken laws first. Jesus chooses to focus on the broken heart first.

1 Corinthians 6:9-11; 1 Corinthians 6:18-20

3. Honoring God's design for relationship is for our benefit.

Small Group Outline & Discussion Questions

Celebrate and Care:

Have each person share a high and low from this past week.

Big Idea:

Sex is a sacred gift created by God. Following God's design for relationship is for our benefit.

Open Up:

What are some things you might desire that you know are not good for you?

Discuss:

Choose one or two questions for your group to discuss as time allows.

- ▶ On a scale of 1-10 how comfortable are you talking about sexual issues? Has that number grown or shrunk in the last five years?
- ▶ How has our society shifted its views on sex?
- ▶ Pastor Matt said, "Legalism chooses to focus on the broken laws first. Jesus chooses to focus on the broken heart first." What would it mean to focus on the broken laws first?
- ▶ What do you think it looks like to focus on broken hearts first?
- ▶ Why is sex a sacred gift from God?

Engage:

Spend 1-2 minutes in silence with these questions then share your thoughts.

As always, please be conscious of how best to process the Engage questions.

Read 1 Corinthians 6:18-20.

Ask God how you might need a shift in your mindset toward sex?

Are there any lifestyle choices you need to change in response to the mindset shift?

Close together in prayer.